

The Canterbury Regional Council Delegates are elected by NZNO Members to represent you on matters raised in your workplaces. This regular newsletter keeps you in the loop on their work.

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#### Regional Council Awards

These awards are to recognise someone who has made a contribution to the Canterbury Region of the New Zealand Nurses Organisation. Awards are made at the Regional Council December meeting/Christmas Dinner.

If you have anyone you would like to nominate please email Fiona Palframan at:  
[fiona.palframan@nzno.org.nz](mailto:fiona.palframan@nzno.org.nz)

Nominations to be received by 20 November of each year

#### A word from the Canterbury | Waitaha Regional Council Chair

What a hectic times we continue have in the healthcare sector and it stands to reason that the coming few months of this year will continue in the same vein as we head into the winter months and with the stated 4<sup>th</sup> wave of covid on its way.

I am incredibly proud of my nursing colleagues who have continued to step up and help each other out during the staffing crisis we are encountering on daily basis. Nationally and internationally nurses are struggling with their own levels of stress, exhaustion and sadly leaving the profession. Stats from Australia and parts of USA have said 40% are leaving nursing. I'm sure those from NZ aren't much different.

Whilst writing tonight, I am thinking of the Tōpūtanga Tapuhi Kaitiaki O Aotearoa/ NZNO Maranga Mai! Rally held on Saturday 15th April. If you took part and brought whanau and friends along thank you for supporting this initiative that will bring to the forefront the 5 fixes we are asking for in the healthcare sector. This includes 4000 more nurses trained and on the job. Pay that values the nursing workforce across the entire healthcare sector. Better pay and better conditions are the only way to attract more nurses and not loose them to Australia. Te Tiriti being upheld across our health services to remove the health inequities that are all too apparent.

This weekend we had great community and media support for our Rally. Following on from that rally we have a Petition out for members, whanau and friends to sign. Ask your delegates for one or check out FB NZNO CA page for a photo of one. There are some hard copy pages out and about in Canterbury if that's more your thing.

I hope we can get even more members out at any future Rallies NZNO hold. I don't mean strike action but Rallies to engage with our communities and bring to the nation's attention the great importance that everyone's access to timely, accurate healthcare should be. One's health impacts on every aspect of all one's life, workplaces and communities/families.



#### GET IN TOUCH

We welcome readers to submit a comment, feedback, question, praise or complaint or suggestion please contact [Fiona.Palframan@nzno.org.nz](mailto:Fiona.Palframan@nzno.org.nz)

## Forthcoming Events

### Anzac Day Dawn Service

Tuesday 25 April 2023

See page 3 for details

### International Nurses Day Event

Thursday 11 May 2023 at  
He Puna Taimoana  
Christchurch Hot Pools

Email Fiona Palframan at  
NZNO to reserve a ticket

### International Nurses Day Wreath Laying

Friday 12 May 2023

See page 3 for details



### 45th Enrolled Nurse Conference 2023

*"Enrolled Nurses Making a Difference"*

23—25 May 2023

Russley Golf Club &  
Function Centre

426 Memorial Avenue,  
Christchurch

Register [here](#)

### South Island Foundation Delegate Training

10 & 11 May 2023

A Word from the Chair continued...

When those working inside the healthcare system are stating, there's a health and safety issue because of poor staffing then government and Te Whatu Ora NZ need to be listening because that means not only the staff at risk but also the patients. Research for years has shown clear correlation between nursing numbers and healthcare outcomes. Only by show of numbers on Rallies can we bring and have MP's and governments stand up and acknowledge this but also start moving to improve healthcare in Aotearoa.

**Howard Catton ICN CEO said: "The worldwide shortage of nurses needs to be considered as a global health emergency and recovery from the current situation must be a priority for governments everywhere."**

Ngā mihi

Canterbury | Waitaha Regional Chair

*Cheryl Hanham*





## ANZAC DAY DAWN SERVICE

**Tuesday 25 April 2023**

Meet at Worcester Street bridge 0530 and march to Cathedral Square to lay the wreath

Janine Randle will have the wreath and NZNO flags so people are aware that nurses are there remembering those nurses who have fought in any conflicts are being remembered

## INTERNATIONAL NURSES DAY:

**Friday 12 May 2023**

Wreath laying at Earthquake Memorial Wall 12 midday

Janine Randle will have the wreath and NZNO flag. We will read out the names of the 53 nurses from 8 countries who lost their lives on 22<sup>nd</sup> February 2011.

There is a lecture following this at the Nurses Chapel on the story of Blanche Huddleston at 12.30, by Dr Wendy Maddocks Senior Lecturer UC

**Rising to the Challenge:**  
The story of Blanche Huddleston  
- *NZ Nurse Anaesthetist in WW1* -  
Dr Wendy Maddocks, Senior Lecturer,  
University of Canterbury

**12.30 on Friday 12 May 2023**  
**Nurses' Memorial Chapel in front of Christchurch Hospital**  
Reservations are essential \*  
☎ Nanette Ainge 021 2312940 or Ainge.n@xtra.co.nz  
\* Seating is limited to 50 places

OUR NURSES.  
OUR FUTURE.  
International Council of Nurses  
International Nurses Day

## YMCA opening a preschool for hospital staff in November 2023

The Y is approaching the completion of the construction of their new facility on the corner of Cashel Street and Rolleston Avenue, the ground floor of which will include a licensed pre-school for 0-6 year olds - geared and designed to serve hospital personnel and the variable hours they work.

They are seeking your feedback about their plans, and also if there are any specific needs that you would like them to consider operationally. The Y is currently planning to ensure flexibility of hours, to work-in with fluctuating shifts (open 6am-6pm seven days a week), provide all meals/snacks, and create a fully holistic approach to learning and wellbeing for children utilizing the many assets the Y has at its disposal.

If you have views or ideas please feel free to provide this feedback here: <https://www.surveymonkey.com/r/DCTVQX7>

For more information about the new facility and what else will be in the building, read more here: [City Site Development - Y Christchurch \(ymcachch.org.nz\)](http://CitySiteDevelopment-YChristchurch(ymcachch.org.nz))



# Maranga Mai!

April 15 Day of Action

**Rise Up! We need nurses!**

Thousands of nurses, midwives, kaiāwhina, health care assistants and members of the public turned up in full force to support our Day of Action across the country.

Speakers included NZNO Chief Executive Paul Goulter, Ruth Te Rangi and Jeannie Randles.

Everyone met at the Bridge of Remembrance and marched to Victoria Square. After the speeches there were games, face painting, a Hip Hop lesson and a free sausage sizzle. Thank you also to Lindon Puffin for the music.







Maranga Mai! Rise Up!